

# Personal Mission Statement

## ***Questions to help you and your leader together write your Personal Mission Statement***

Adapted from works by Laurie Beth Jones [LBJ] and Richard Leider [RL].

### **Gifts, Dreams, Sorrow, Unlived Lives (LBJ)**

- What were your parents' unlived lives? Do you know what their dreams were? Write them down.
- Have their unlived lives affected or influenced you? If so, how?
- Picture yourself standing in a room. One by one, the following people come up to you, look into your eyes, and hand out a gift. What is it?

-Father (or father figure) \_\_\_\_\_

-Mother (or mother figure) \_\_\_\_\_

-Grandfather(s) \_\_\_\_\_

-Grandmother(s) \_\_\_\_\_

-Brother(s) \_\_\_\_\_

-Sister(s) \_\_\_\_\_

-Mentor \_\_\_\_\_

- Which of the gifts that were given to you have you chosen to use?
- Which of the gifts that were given to you have you chosen not to use?

### **Prophecies (LBJ)**

- Give a positive prophecy someone gave you about yourself. It could be recent or from years ago.
- Who was the messenger?

- Has the prophecy come to pass?
- Could it still?
- Can you recall a negative prediction someone gave you that actually become fuel for you?

**Discovering What Moves You (RL)**

- If you were asked to create a TV special about something that moves you, what would it be about?
- If you started a business or organization to solve a need, what would it be?
- What issue would you like to see someone write a bestselling book about?
- How would you use a gift of a million dollars if it had to be given away or designated for a cause, issue, or problem that moves you?
- Is there any need or problem you believe in so strongly you'd love to work at it full-time if you were paid well to do it?

**Finding Your Gifts (LBJ)**

- People say, "Oh, you are so good at\_\_\_\_\_."
- Write down a list of no fewer than 6 talents you have been given. Pretend that you will be given a \$1,000 bill for each talent you list.

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_  
 4 \_\_\_\_\_ 5 \_\_\_\_\_ 6 \_\_\_\_\_

- Which of these talents have you buried?
- Which talents have you multiplied?

- Whom are you blaming for your talents being buried?

### **Identifying Your Passion (LBJ)**

- What excites you in or about the world?
- What angers you in or about the world?
- If you could teach three things to others about what excites you in the world, what three things would you teach?

### **Finding Your USP -- Unique Selling Proposition (LBJ)**

- What did you do for fun when you were a child?
- Your favorite games?
- Do you remember anything that came particularly easily to you as a child?
- What did you tell people you were going to do or be when you grew up?

### **Envisioning (LBJ)**

- Who is living the life you most envy?
- Describe what you think that life is like?
- Who is doing the kind of work you most wish you could be doing?

- Describe in detail your ideal work setting.
- Describe in detail your ideal work day.
  
- You are now a very old person, walking with a school child, who asks you, "What are you most proud of in your life?"
  
- You are about to die. What did you accomplish before you left?
  
- As a result of your having lived, three things have changed or shifted in the world. What are they?

Laurie Beth Jones is the author of [\*The Path: Creating Your Mission Statement for Work and for Life.\*](#)

Richard J. Leider is the author of [\*The Power of Purpose: Creating Meaning in Your Life and Work.\*](#)